



# RETREAT DAY SPA

Retreat Beauty Spa is a newly established upscale destination currently located at Elements Private Golf Reserve, offering a complete spa experience. We offer ultrachic, ultra-comfortable treatment rooms with the finest spa equipment. We utilize the latest techniques in all our services to create an unforgettable get-away experience for our clients. Our mission is to provide high-end therapeutic massage and beauty treatments services in a caring, upscale, professional environment.



## Treatment Menu

### Swedish Massage

#### Full body massage 60 min

Per person	R 550
Per Couple	R 1150

#### Back massage 30 min

Per person	R 350
Per Couple	R 750

### Fusion Massage

#### Full Body & Scalp massage 90 min

Per Person	R 750
Per Couple	R 1550

#### Indian Head Massage 30 min

Per Person	R 290
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#### Foot Spa & Reflex Foot

#### Massage 45 min

Per Person	R 420
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### Hot Stone Massage

#### Full body massage 60 min

Per person	R 650
Per Couple	R 1450

#### Half body massage 30 min

Per person	R 400
Per Couple	R 900

### Lomi Lomi Massage

African Rungu stick massage.  
Hot Stone Therapy Warm Basalt stone massage.

#### Full Body 60 min

Per Person	R640
Per Couple	R1330

#### Back 30 min

Per Person	R450
Per Couple	R950

### Hands & Feet♥

Manicure 60 min R270

Retreat Hand 90 min R340

Pedicure 60 min R295

Retreat Foot 90 min R355

Happy Feet 45-60 min

Foot Scrub, Mask, Massage and  
Hand Scrub & Massage

\*\*MediPedi Additional to pedi

R55

Specialized dead skin removal ADD-ON  
for feet

Gel Paint 45 min R230

Gel Soak Off 30 min R90

File & Paint ONLY R100